

Superiority of Natural Substances versus Drugs

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33 Problem Substances Researched for Superiority of Natural Substances versus Drugs

NAME	AC	CK	FOCUS
Fluoxetine (trade name Prozac) (/keyword/superiority-natural-substances-versus-drugs?ed=25949)	6 (/keyword/superiority-natural-substances-versus-drugs)	60 (/keyword/superiority-natural-substances-versus-drugs)	
Non-Steroidal Anti-Inflammatory Drugs (NSAIDs) (/keyword/superiority-natural-substances-versus-drugs?ed=26681)	4 (/keyword/superiority-natural-substances-versus-drugs)	41 (/keyword/superiority-natural-substances-versus-drugs)	
Sodium Fluoride (/keyword/superiority-natural-substances-versus-drugs?ed=37410)	4 (/keyword/superiority-natural-substances-versus-drugs)	22 (/keyword/superiority-natural-substances-versus-drugs)	
Ibuprofen (/keyword/superiority-natural-substances-versus-drugs?ed=26682)	3 (/keyword/superiority-natural-substances-versus-drugs)	21 (/keyword/superiority-natural-substances-versus-drugs)	
Acetaminophen (/keyword/superiority-natural-substances-versus-drugs?ed=74185)	2 (/keyword/superiority-natural-substances-versus-drugs)	20 (/keyword/superiority-natural-substances-versus-drugs)	
Antibiotics (/keyword/superiority-natural-substances-versus-drugs?ed=29653)	2 (/keyword/superiority-natural-substances-versus-drugs)	20 (/keyword/superiority-natural-substances-versus-drugs)	
Levothyroxine (/keyword/superiority-natural-substances-versus-drugs?ed=29653)	2 (/keyword/superiority-natural-substances-versus-drugs)	20 (/keyword/superiority-natural-substances-versus-drugs)	

279 Diseases Researched for Superiority of Natural Substances versus Drugs

NAME	AC	CK	FOCUS
Depression (/keyword/superiority-natural-substances-versus-drugs?ed=1620)	11 (/keyword/superiority-natural-substances-versus-drugs)	85 (/keyword/superiority-natural-substances-versus-drugs)	
Inflammation (/keyword/superiority-natural-substances-versus-drugs?ed=2800)	16 (/keyword/superiority-natural-substances-versus-drugs)	44 (/keyword/superiority-natural-substances-versus-drugs)	
Dental Plaque (/keyword/superiority-natural-substances-versus-drugs?ed=68080)	4 (/keyword/superiority-natural-substances-versus-drugs)	40 (/keyword/superiority-natural-substances-versus-drugs)	
Osteoarthritis (/keyword/superiority-natural-substances-versus-drugs?ed=825)	4 (/keyword/superiority-natural-substances-versus-drugs)	40 (/keyword/superiority-natural-substances-versus-drugs)	

NAME	AC	CK	FOCUS
Dental Caries (/keyword/superiority-natural-substances-versus-drugs?ed=6037)	6 (/keyword/superiority-natural-substances-versus-drugs)	33 (/keyword/superiority-natural-substances-versus-drugs)	
Gastroesophageal Reflux (/keyword/superiority-natural-substances-versus-drugs?ed=1987)	5 (/keyword/superiority-natural-substances-versus-drugs)	32 (/keyword/superiority-natural-substances-versus-drugs)	

1 Problematic Actions Researched for Superiority of Natural Substances versus Drugs

NAME	AC	CK	FOCUS
Regional Anesthesia: Spinal (/keyword/superiority-natural-substances-versus-drugs?ed=70322)	1 (/keyword/superiority-natural-substances-versus-drugs)	10 (/keyword/superiority-natural-substances-versus-drugs)	

3 Adverse Pharmacological Actions Researched for Superiority of Natural Substances versus Drugs

NAME	AC	CK	FOCUS
Hypoglycemic (/keyword/superiority-natural-substances-versus-drugs?ed=43108)	1 (/keyword/superiority-natural-substances-versus-drugs)	2 (/keyword/superiority-natural-substances-versus-drugs)	
Ototoxic (/keyword/superiority-natural-substances-versus-drugs?ed=68920)	1 (/keyword/superiority-natural-substances-versus-drugs)	2 (/keyword/superiority-natural-substances-versus-drugs)	
Uterotrophic (/keyword/superiority-natural-substances-versus-drugs?ed=64514)	1 (/keyword/superiority-natural-substances-versus-drugs)	1 (/keyword/superiority-natural-substances-versus-drugs)	

252 Substances Researched for Superiority of Natural Substances versus Drugs

NAME	AC	CK	FOCUS
Policosanol (/keyword/superiority-natural-substances-versus-drugs?ed=336)	9 (/keyword/superiority-natural-substances-versus-drugs)	73 (/keyword/superiority-natural-substances-versus-drugs)	
Homeopathic Medicine: All (/keyword/superiority-natural-substances-versus-drugs?ed=6402)	7 (/keyword/superiority-natural-substances-versus-drugs)	62 (/keyword/superiority-natural-substances-versus-drugs)	
Curcumin (/keyword/superiority-natural-substances-versus-drugs?ed=5655)	16 (/keyword/superiority-natural-substances-versus-drugs)	57 (/keyword/superiority-natural-substances-versus-drugs)	

NAME	AC	CK	FOCUS
Chamomile (/keyword/superiority-natural-substances-versus-drugs?ed=94)	4 (/keyword/superiority-natural-substances-versus-drugs)	42 (/keyword/superiority-natural-substances-versus-drugs)	
Turmeric (/keyword/superiority-natural-substances-versus-drugs?ed=425)	5 (/keyword/superiority-natural-substances-versus-drugs)	42 (/keyword/superiority-natural-substances-versus-drugs)	
	5	41	

12 Therapeutic Actions Researched for Superiority of Natural Substances versus Drugs

NAME	AC	CK	FOCUS
Acupuncture (/keyword/superiority-natural-substances-versus-drugs?ed=6509)	5 (/keyword/superiority-natural-substances-versus-drugs)	32 (/keyword/superiority-natural-substances-versus-drugs)	
Homeopathic Treatment (/keyword/superiority-natural-substances-versus-drugs?ed=6688)	4 (/keyword/superiority-natural-substances-versus-drugs)	32 (/keyword/superiority-natural-substances-versus-drugs)	
Acupoint Injection (/keyword/superiority-natural-substances-versus-drugs?ed=20142)	1 (/keyword/superiority-natural-substances-versus-drugs)	10 (/keyword/superiority-natural-substances-versus-drugs)	
Aromatherapy (/keyword/superiority-natural-substances-versus-drugs?ed=6654)	1 (/keyword/superiority-natural-substances-versus-drugs)	10 (/keyword/superiority-natural-substances-versus-drugs)	
Ayurvedic Medicine (/keyword/superiority-natural-substances-versus-drugs?ed=36364)	1 (/keyword/superiority-natural-substances-versus-drugs)	10 (/keyword/superiority-natural-substances-versus-drugs)	
Electroacupuncture (/keyword/superiority-natural-substances-versus-drugs?ed=6576)	1 (/keyword/superiority-natural-substances-versus-drugs)	10 (/keyword/superiority-natural-substances-versus-drugs)	
Light Therapy (/keyword/superiority-natural-substances-versus-drugs?ed=6576)	1 (/keyword/superiority-natural-substances-versus-drugs)	10 (/keyword/superiority-natural-substances-versus-drugs)	

116 Pharmacological Actions Researched for Superiority of Natural Substances versus Drugs

NAME	AC	CK	FOCUS
Anti-Inflammatory Agents (/keyword/superiority-natural-substances-versus-drugs?ed=5167)	32 (/keyword/superiority-natural-substances-versus-drugs)	88 (/keyword/superiority-natural-substances-versus-drugs)	

NAME	AC	CK	FOCUS
Anti-Bacterial Agents (/keyword/superiority-natural-substances-versus-drugs?ed=5161)	18 (/keyword/superiority-natural-substances-versus-drugs)	84 (/keyword/superiority-natural-substances-versus-drugs)	
Antioxidants (/keyword/superiority-natural-substances-versus-drugs?ed=5203)	24 (/keyword/superiority-natural-substances-versus-drugs)	63 (/keyword/superiority-natural-substances-versus-drugs)	
Analgesics (/keyword/superiority-natural-substances-versus-drugs?ed=5137)	12 (/keyword/superiority-natural-substances-versus-drugs)	57 (/keyword/superiority-natural-substances-versus-drugs)	
Antidepressive Agents (/keyword/superiority-natural-substances-versus-drugs?ed=5180)	8 (/keyword/superiority-natural-substances-versus-drugs)	56 (/keyword/superiority-natural-substances-versus-drugs)	
	10	51	
Research Articles			347
Cumulative Knowledge Score			561
Overall Research Rating			EXCELLENT

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374 Abstracts with Superiority of Natural Substances versus Drugs Research

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Ginkgo biloba, chamomile and kava kava exhibit therapeutic potential in generalizaed anxiety disorder. (/article/ginkgo-biloba-chamomile-and-kava-kava-exhibit-therapeutic-potential-generaliza)

[+]

OCT 15, 2010

Zingiberaceae extracts are clinically effective hypoalgesic agents and the available data show a better safety profile than non steroidal anti inflammatory drugs. (/article/zingiberaceae-extracts-are-clinically-effective-hypoalgesic-agents-and-availab)

[+]

A triple antioxidant approach to the treatment of hepatitis C may be superior to traditional interferon and antiviral drug therapy. (/article/triple-antioxidant-approach-treatment-hepatitis-c-may-be-superior-traditional-) [+]

OCT 15, 1999

A black cohosh extract is equipotent to conjugated estrogens in reducing menopausal symptoms and bone markers, without adverse effects. (/article/black-cohosh-extract-equipotent-conjugated-estrogens-reducing-menopausal-sympt) [+]

MAR 14, 2003

A capsaicin 8% patch provided non-inferior pain relief to an optimized dose of pregabalin in peripheral neuropathic pain. (/article/capsaicin-8-patch-provided-non-inferior-pain-relief-optimized-dose-pregabalin-) [+]

NOV 18, 2015

A combination of propolis, tea tree oil, and Aloe vera was better than erythromycin cream in the treatment of acne. (/article/combination-propolis-tea-tree-oil-and-aloe-vera-was-better-erythromycin-cream-) [+]

DEC 31, 2017

A Comparative study on the efficacy of coenzyme Q10 and amitriptyline in the prophylactic treatment of migraine headaches. (/article/comparative-study-efficacy-coenzyme-q10-and-amitriptyline-prophylactic-treatme) [+]

DEC 31, 2021

A dietary supplement containing melatonin, l-tryptophan, vitamin B6, folic acid, vitamin B12, methionine and betaine, is superior to omeprazole in treating GERD. (/article/dietary-supplement-containing-melatonin-l-tryptophan-vitamin-b6-folic-acid-vit) [+]

OCT 01, 2006

A formulation containing Frankincense and Turmeric extracts demonstrated a greater improvement in the treatment of OA than celecoxib. (/article/formulation-containing-frankincense-and-turmeric-extracts-demonstrated-greater) [+]

OCT 31, 2013

A formulation of 0.5% propolis extract lip balm was found to be superior in the treatment of episodes of herpes labialis over 5% aciclovir cream. (/article/formulation-05-propolis-extract-lip-balm-was-found-be-superior-treatment-episo) [+]

DEC 31, 2017

A homeopathic ointment preparation compares favorably with 1% diclofenac gel for acute symptomatic treatment of tendinopathy. (/article/homeopathic-ointment-preparation-compares-favorably-1-diclofenac-gel-acute-sym) [+]

NOV 01, 2005

A manihot is a promising therapy for patients with primary kidney disease. (/article/manihot-promising-therapy-patients-primary-kidney-disease) [+]

JUN 30, 2014

A polyherbal formual containing Neem, Sapindus and Mentha citrata is superior to Betadine in treating lower abdominal pain, vaginal itching and dysuria in women with symptoms of abnormal vaginal discharge. (/article/polyherbal-formual-containing-neem-sapindus-and-mentha-citrata-superior-betadi) [+]

OCT 01, 2009

A proprietary plant-based and homeopathic remedy is superior to conventional treatment in children with acute otitis media. (/article/proprietary-plant-based-and-homeopathic-remedy-superior-conventional-treatment) [+]

FEB 01, 2004

Acupoint injection of Vit B12 has a superior therapeutic effect than the drug Carbamazepine in the treatment of trigeminal neuralgia. (/article/acupoint-injection-vit-b12-has-superior-therapeutic-effect-drug-carbamazepine-) [+]

SEP 01, 2007

Acupuncture compares favorably to fluoxetine hcl (Prozac) in the treatment of depression, without the adverse side effects. (/article/acupuncture-compares-favorably-fluoxetine-hcl-prozac-treatment-depression-with) [+]

JUL 01, 2009

Acupuncture in combination with foot massage is superior to Alprazolam in the treatment of insomnia. (/article/acupuncture-combination-foot-massage-superior-alprazolam-treatment-insomnia) [+]

OCT 01, 2001

Acupuncture is more effective than doubling the proton pump inhibitor dose in controlling GERD symptoms in patients who fail standard dose proton pump inhibitors. (/article/acupuncture-more-effective-doubling-proton-pump-inhibitor-dose-controlling-ger) [+]

NOV 15, 2007

Acupuncture is more effective than the drug Motilium in treating gastroparesis. (/article/acupuncture-more-effective-drug-motilium-treating-gastroparesis) [+]

APR 01, 2007

Administration of intravenous 50 mg/kg magnesium sulfate could be as effective as morphine in reducing renal colic without any further complications. (/article/administration-intravenous-50-mgkg-magnesium-sulfate-could-be-effective-morphi) [+]

DEC 31, 2020

Administration of vaginal royal jelly was effective in quality-of-life improvement of postmenopausal women. (/article/administration-vaginal-royal-jelly-was-effective-quality-life-improvement-post) [+]

After 12 years from the start of the trial, the patients in the Viscum arm continue to show a considerably longer PRDFS compared to oral etoposide. (/article/after-12-years-start-trial-patients-viscum-arm-continue-show-considerably-long) [+]

DEC 31, 2019

Ageratina pichinchensis was effective in therapeutic treatment in patients with minor recurrent aphthous stomatitis. (/article/ageratina-pichinchensis-was-effective-therapeutic-treatment-patients-minor-rec) [+]

JUN 19, 2015

Aloe Vera could be a new treatment for atrophic vaginitis. (/article/aloe-vera-could-be-new-treatment-atrophic-vaginitis) [+]

DEC 27, 2020

Aloe Vera gel administration in patients with fixed orthodontic appliances could be important for effective prevention of traumatic oral ulceration. (/article/aloe-vera-gel-administration-patients-fixed-orthodontic-appliances-could-be-im) [+]

OCT 28, 2019

Aloe Vera gel is a beneficial treatment and cost effective for patients with chronic ulcers. (/article/aloe-vera-gel-beneficial-treatment-and-cost-effective-patients-chronic-ulcers) [+]

APR 30, 2016

Although permethrin lotion is still effective for some people, coconut and anise spray can be a significantly more effective alternative treatment. (/article/although-permethrin-lotion-still-effective-some-people-coconut-and-anise-spray) [+]

JAN 01, 2010

An herbal combination of saffron, celery seed and anise is more effective than the drug mefenamic acid (NSAID) in relieving menstrual pain. (/article/herbal-combination-saffron-celery-seed- [+]

and-anise-more-effective-drug-mefenamic)

SEP 01, 2009

Apium graveolens and Trachyspermum copticom was more effective than omeprazole and placebo in reducing the symptoms in functional dyspepsia patients. (/article/apium-graveolens-and-trachyspermum-copticom-was-more-effective-omeprazole-and-) [+]

OCT 31, 2017

Arnica is superior to steroids for reducing adverse effects, e.g. bruising, from rhinoplastic surgery. (/article/arnica-superior-steroids-reducing-adverse-effects-eg-bruising-rhinoplastic-sur) [+]

JUL 01, 2007

Aromatherapy massage on the abdomen is superior to Tylenol for alleviating menstrual pain in high school girls. (/article/aromatherapy-massage-abdomen-superior-tylenol-alleviating-menstrual-pain-high-) [+]

JAN 01, 2012

Bitter melon is superior to the drug rosiglitazone (Avandia) in type 2 diabetic patients. (/article/bitter-melon-superior-drug-rosiglitazone-avandia-type-2-diabetic-patients) [+]

MAY 01, 2009

Black cohosh compares favorably to fluoxetine in the treatment of postmenopausal symptoms. (/article/black-cohosh-compares-favorably-fluoxetine-treatment-postmenopausal-symptoms) [+]

FEB 28, 2007

Boswellia appears superior to mesalazine in safety and efficacy in the treatment of Crohn's disease. (/article/boswellia-appears-superior-mesalazine-safety-and-efficacy-treatment-crohns-dis) [+]

JAN 01, 2001

Caffeine is as effective as aminophylline, while it is superior to aminophylline regarding its overall safety. (/article/caffeine-effective-aminophylline-while-it-superior-aminophylline-regarding-) [+]

its)

DEC 31, 2017

Calendula vaginal cream appears to have been effective in the treatment of vaginal Candidiasis. (/article/calendula-vaginal-cream-appears-have-been-effective-treatment-vaginal-candidia) [+

NOV 22, 2016

Clinical efficacy of Manasamitra Vataka (an Ayurveda medication) on generalized anxiety disorder with comorbid generalized social phobia: a randomized controlled study. (/article/clinical-efficacy-manasamitra-vataka-ayurveda-medication-generalized-anxiety-d) [+

MAY 31, 2012

Comparison of the effect of photobiomodulation therapy and Ibuprofen on postoperative pain after endodontic treatment. (/article/comparison-effect-photobiomodulation-therapy-and-ibuprofen-postoperative-pain-) [+

MAY 31, 2020

Comparison of the effectiveness of fennel and mefenamic acid on pain intensity in dysmenorrhoea. (/article/comparison-effectiveness-fennel-and-mefenamic-acid-pain-intensity-dysmenorrhoe) [+

APR 30, 2006

Comparison of treatment of 150 individuals with superficial burns using Honey versus silver sulphadiazine on 2 different sites of each patients, with significant improvement of honey treatment over silver. (/article/comparison-treatment-150-individuals-superficial-burns-using-honey-versus-silv) [+

SEP 30, 2010

Consumption of Chamomile seems to be more effective than a drug in relieving the intensity of PMS associated symptomatic psychological pains. (/article/consumption-chamomile-seems-be-more-effective-drug-relieving-intensity-pms-ass) [+

JAN 31, 2014

Curcumin could result in faster recovery in comparison with mucosamin and chlorhexidine. (/article/curcumin-could-result-faster-recovery-comparison-mucosamin-and-chlorhexidine) [+]

MAY 01, 2022

Curcumin is safe and efficacious in treating major depressive disorder. (/article/curcumin-safe-and-efficacious-treating-major-depressive-disorder) [+]

JUL 05, 2013

Curcumin treatment is safe and superior to drug therapy in patients with active RA. (/article/curcumin-treatment-safe-and-superior-drug-therapy-patients-active-ra) [+]

OCT 31, 2012

Desiccated thyroid extract compares favorably with levothyroxine in the treatment of hypothyroidism. (/article/dessicated-thyroid-extract-compares-favorably-levothyroxine-treatment-hypothyroidism) [+]

APR 30, 2013

Dessicated thyroid (Armour) has been associated with superior clinical outcomes compared to levothyroxine in the treatment of hypothyroidism. (/article/dessicated-thyroid-armour-has-been-associated-superior-clinical-outcomes-compa) [+]

JUN 01, 2004

Echinacea solution was more effective in decreasing the oral microbial flora of patients in the intensive care unit. (/article/echinacea-solution-was-more-effective-decreasing-oral-microbial-flora-patients) [+]

OCT 31, 2017

Echinaforce Hotdrink is as effective as oseltamivir in the early treatment of confirmed influenza virus infections with a reduced risk of complications and adverse events. (/article/echinaforce-hotdrink-effective-oseltamivir-early-treatment-confirmed-influenza) [+]

Effect of Artemisia annua and Artemisia afra tea infusions on schistosomiasis in a large clinical trial. (/article/effect-artemisia-annua-and-artemisia-afra-tea-infusions-schistosomiasis-large-) [+]

NOV 30, 2018

Effects of Allium sativum (Garlic) on systolic and diastolic blood pressure in patients with essential hypertension. (/article/effects-allium-sativum-garlic-systolic-and-diastolic-blood-pressure-patients-e) [+]

AUG 31, 2013

Efficacy and safety of Curcuma domestica extracts compared with ibuprofen in patients with knee osteoarthritis: a multicenter study. (/article/efficacy-and-safety-curcuma-domestica-extracts-compared-ibuprofen-patients-kne) [+]

DEC 31, 2013

Electroacupuncture is superior to fluoxetine (Prozac) in improving the TH1/TH2 cytokine ratios in depressed patients. (/article/electroacupuncture-superior-fluoxetine-prozac-improving-th1th2-cytokine-ratios) [+]

SEP 01, 2009

Fig fruit extract can be used instead of low potent corticosteroid in mild to moderate cases of atopic dermatitis. (/article/fig-fruit-extract-can-be-used-instead-low-potent-corticosteroid-mild-moderate-) [+]

NOV 30, 2017

Garlic could be a suitable alternative for metronidazole in treatment of BV in those interested in herbal medicines or those affected by side effects of metronidazole. (/article/garlic-could-be-suitable-alternative-metronidazole-treatment-bv-those-interest) [+]

JUN 30, 2014

Garlic seems safer clinically and as effective as d-penicillamine for removing lead from the body. (/article/garlic-seems-safer-clinically-and-effective-d-penicillamine-removing-lead-body) [+

APR 30, 2012

Ginger compares favorably to the drug sumatriptan for migraine headaches, but with lower side effects. (/article/ginger-compares-favorably-drug-sumatriptan-migraine-headaches-lower-side-effec) [+

MAY 08, 2013

Ginkgo biloba is as effective as the drug donepezil (Aricept) in improving symptoms of Alzheimers, but with less side effects. (/article/ginkgo-biloba-effective-drug-donepezil-aricept-improving-symptoms-alzheimers-l) [+

MAR 01, 2009

Grapefruit seeds are effective in treating urinary tract infections. (/article/grapefruit-seeds-are-effective-treating-urinary-tract-infections) [+

APR 01, 2005

Green tea mouth rinse resulted in significant reduction of colony number of salivary Streptococcus mutans and Lactobacillus which is comparable with sodium fluoride mouth rinse. (/article/green-tea-mouth-rinse-resulted-significant-reduction-colony-number-salivary-st) [+

NOV 30, 2011

Guggul extract is as at least as effective as tetracycline in treating nodulocystic acne. (/article/guggul-extract-least-effective-tetracycline-treating-nodulocystic-acne) [+

OCT 01, 1994

High-dose senna compares favorably with conventional polyethylene glycol-electrolyte lavage solution for outpatient colonoscopy preparation. (/article/high-dose-senna-compares-favorably-conventional-polyethylene-glycol-electrolyt) [+

Hirudin, a compound extracted from the saliva of medicinal leaches, is superior to the drug dipyridamole in treating immunoglobulin A nephropathy. (/article/hirudin-compound-extracted-saliva-medicinal-leaches-superior-drug-dipyridamole) [+]

MAR 01, 2008

Holy basil was found to be equally effective in reducing periodontal indices as chlorhexidine yet with no side effects. (/article/holy-basil-was-found-be-equally-effective-reducing-periodontal-indices-chlorhe) [+]

MAR 31, 2014

Homeopathic calendula is effective and superior to the drug trolamine in the treatment of irradiation-induced dermatitis for breast cancer. (/article/homeopathic-calendula-effective-and-superior-drug-trolamine-treatment-irradiat) [+]

APR 15, 2004

Honey is superior to dextromethorphan in treating nocturnal cough for coughing children. (/article/honey-superior-dextromethorphan-treating-nocturnal-cough-coughing-children) [+]

NOV 30, 2007

Honey plus coffee beats prednisone in treating symptoms of persistent, post-infectitious cough. (/article/honey-plus-coffee-beats-prednisone-treating-symptoms-persistent-post-infectiti) [+]

AUG 31, 2013

Hypericum extract is superior to fluoxetine in treating depressed patients. (/article/hypericum-extract-superior-fluoxetine-treating-depressed-patients) [+]

MAY 31, 2005

Hypericum perforatum compares favorable to fluoxetine in the treatment of mild to moderate depression. (/article/hypericum-perforatum-compares-favorable-fluoxetine-treatment-mild- [+]

moderate-dep)

FEB 28, 2006

Hypericum perforatum compares favorable to fluoxetine in the treatment of mild to moderate depression. (/article/hypericum-perforatum-compares-favorable-fluoxetine-treatment-mild-moderate-d-0) [+]

FEB 28, 2006

In this comparative study, homoeopathic remedies against conventional treatments, the homoeopathic remedies had lower free of recurrence rates. (/article/comparative-study-homoeopathic-remedies-against-conventional-treatments-homoeo) [+]

JUN 30, 1997

Kava was judged to be well-tolerated and as effective as Buspirone and Opipramol in the acute treatment of out-patients suffering from Generalized Anxiety Disorder. (/article/kava-was-judged-be-well-tolerated-and-effective-buspirone-and-opipramol-acute-) [+]

JAN 01, 2003

L-carnitine lowers lipoprotein (a) serum levels in patients with type 2 diabetes, whereas simvastatin increases them. (/article/l-carnitine-lowers-lipoprotein-serum-levels-patients-type-2-diabetes-whereas-s) [+]

OCT 01, 2006

Lactobacillus is superior to Mesalazine in the long-term remission of symptomatic uncomplicated diverticular disease of the colon. (/article/lactobacillus-superior-mesalazine-long-term-remission-symptomatic-uncomplicate) [+]

MAY 01, 2008

Light therapy is as effective as fluoxetine (Prozac) in treating seasonal affective disorder, with fewer adverse effects. (/article/light-therapy-effective-fluoxetine-prozac-treating-seasonal-affective-disorder) [+]

MAY 01, 2006

Lipid garlic extract is effective and a safe modality with good cure rates for treatment of recalcitrant multiple common warts. (/article/lipid-garlic-extract-effective-and-safe-modality-good-cure-rates-treatment-rec) [+]

AUG 31, 2014

Manuka honey is superior to standard hydrogel therapy in the treatment of sloughy venous ulcers. (/article/manuka-honey-superior-standard-hydrogel-therapy-treatment-sloughy-venous-ulcer) [+]

FEB 01, 2009

Mao-to, a Japanese herbal medicine, is more effective than Oseltamivir in controlling fever due to type A influenza infection in children. (/article/mao-japanese-herbal-medicine-more-effective-oseltamivir-controlling-fever-due-) [+]

FEB 01, 2007

Melatonin versus trazodone for the treatment of new onset insomnia. (/article/melatonin-versus-trazodone-treatment-new-onset-insomnia) [+]

MAR 31, 2023

Melatonin was superior to amitriptyline in the percentage of patients with a greater than 50% reduction in migraine frequency. (/article/melatonin-was-superior-amitriptyline-percentage-patients-greater-50-reduction-) [+]

MAY 09, 2016

Mistletoe extract is superior to gemcitabine in patients with inoperable locally advanced pancreatic cancer. (/article/mistletoe-extract-superior-gemcitabine-patients-inoperable-locally-advanced-pa) [+]

MAY 01, 2005

Myrtus solution was found to be effective in the treatment of dandruff. (/article/myrtus-solution-was-found-be-effective-treatment-dandruff) [+]

N-acetylcysteine versus chlorhexidine in treatment of aphthous ulcers. (/article/n-acetylcysteine-versus-chlorhexidine-treatment-aphthous-ulcers) [+]

NOV 20, 2019

NAC can be used as a substitute for insulin-sensitizing agent in treatment of polycystic ovarian syndrome. (/article/nac-can-be-used-substitute-insulin-sensitizing-agent-treatment-polycystic-ovar) [+]

JAN 31, 2019

Neurexan might be an effective and well-tolerated alternative to conventional valerian-based therapies for the treatment of mild to moderate insomnia. (/article/neurexan-might-be-effective-and-well-tolerated-alternative-conventional-valeri) [+]

DEC 31, 2007

Nicotinamide adenine dinucleotide (NADH) compares favorably to conventional therapy for chronic fatigue syndrome. (/article/nicotinamide-adenine-dinucleotide-nadh-compares-favorably-conventional-therapy) [+]

JUN 01, 2004

Patients and their physicians recorded significant improvements from homeopathic treatments leading to many previously prescribed drugs been discontinued. (/article/patients-and-their-physicians-recorded-significant-improvements-homeopathic-tr) [+]

DEC 31, 2003

Policosanol is more effective than pravastatin on improving blood lipid profiles, platelet aggregation and endothelemia in older patients with type II hypercholesterolemia and high coronary risk. (/article/policosanol-more-effective-pravastatin-improving-blood-lipid-profiles-platelet) [+]

JAN 01, 2003

Policosanol is superior to Lipitor (atorvastatin) in improving blood lipid profiles and inhibiting platelet aggregation. [+]
(/article/policosanol-superior-lipitor-atorvastatin-improving-blood-lipid-profiles-and-i)

JAN 01, 2003

Policosanol is superior to lovastatin and simvastatin in positively modulating blood lipid profiles. [+]
(/article/policosanol-superior-lovastatin-and-simvastatin-positively-modulating-blood-li)

MAR 01, 1999

Policosanol is superior to lovastatin in patients with intermittent claudication. [+]
(/article/policosanol-superior-lovastatin-patients-intermittent-claudication)

JAN 01, 2003

Policosanol is superior to the drug besfibrate in lowering blood lipids. [+]
(/article/policosanol-superior-drug-besfibrate-lowering-blood-lipids)

JAN 01, 2000

Policosanol is superior to ticlopidine in patients with intermittent claudication. [+]
(/article/policosanol-superior-ticlopidine-patients-intermittent-claudication)

JUL 01, 2004

Probiotic strains from breast milk are superior to antibiotics in the treatment of infectious mastitits. [+]
(/article/probiotic-strains-breast-milk-are-superior-antibiotics-treatment-infectious-ma)

JUN 15, 2010

Propolis is effective against Denture stomatitis. [+]
(/article/propolis-effective-against-denture-stomatitis)

AUG 11, 2008

Propolis is superior to the drug acyclovir in the treatment of genital herpes. (/article/propolis-superior-drug-acyclovir-treatment-genital-herpes) [+]

MAR 01, 2000

Propolis is the most effective in reducing plaque from baseline to 24 h followed by Colgate total and Miswak toothpaste. (/article/propolis-most-effective-reducing-plaque-baseline-24-h-followed-colgate-total-a) [+]

JUN 30, 2015

Psyllium reduced fecal incontinent episodes and improved symptom severity and quality of life with less adverse effects than Loperamide. (/article/psyllium-reduced-fecal-incontinent-episodes-and-improved-symptom-severity-and-) [+]

SEP 30, 2015

Pycnogenol reduces smoking-induced platelet aggregation as effectively as aspirin, with longer duration of action and with far less prolongation of bleeding time. (/article/pycnogenol-reduces-smoking-induced-platelet-aggregation-effectively-aspirin-lo) [+]

AUG 15, 1999

Rehmannia appears to be effective than the drug stanozolol in accelerating symptom remission in patients with Chronic Aplastic Anemia. (/article/rehmannia-appears-be-effective-drug-stanozolol-accelerating-symptom-remission-) [+]

DEC 07, 2009

Saffron capsules showed the same antidepressant efficacy compared with fluoxetine in patients with a prior history of PCI who were suffering from depression. (/article/saffron-capsules-showed-same-antidepressant-efficacy-compared-fluoxetine-patie) [+]

JAN 31, 2014

Sam-e works as good as Piroxicam, but sustained clinical improvement longer. (/article/sam-e-works-good-piroxicam-sustained-clinical-improvement-longer) [+]

NOV 20, 1987

Sam-e works like NSAIDs against inflammation in osteoarthritis, but is more tolerable. (/article/sam-e-works-nsaids-against-inflammation-osteoarthritis-more-tolerable) [+]

NOV 20, 1987

Saw palmetto inhibits 5-alpha reductase activity in prostate cancer cell lines without interfering with PSA expression as is the case for pharmaceutical 5-alpha reductase inhibitors. (/article/saw-palmetto-inhibits-5-alpha-reductase-activity-prostate-cancer-cell-lines-w) [+]

DEC 01, 2006

Silymarin has anti-inflammatory activity superior to the drugs piroxicam and meloxicam in the treatment of osteoarthritis of the knee. (/article/silymarin-has-anti-inflammatory-activity-superior-drugs-piroxicam-and-meloxica) [+]

MAR 10, 2010

Solanum chrysotrichum is effective and well-tolerated in the local treatment of Pityriasis capitis infection of the scalp. (/article/solanum-chrysotrichum-effective-and-well-tolerated-local-treatment-pityriasis-) [+]

JUN 01, 2004

Solanum chrysotrichum is superior to 2% ketoconazole in the treatment of Athlete's foot. (/article/solanum-chrysotrichum-superior-2-ketoconazole-treatment-athletes-foot) [+]

MAY 01, 2003

St John's wort was significantly more effective than fluoxetine and showed a trend toward superiority over placebo (/article/st-johns-wort-was-significantly-more-effective-fluoxetine-and-showed-trend-tow) [+]

SEP 30, 2005

Taking cumin cyminum L. for eight weeks among overweight subjects had the same effects of orlistat120 on weight and BMI but with beneficial effects on insulin metabolism. (/article/taking-cumin-cyminum-l-eight-weeks-among-overweight-subjects-had-same-effects-) [+]

MAR 02, 2015

Taking myo-inositol by women with PCOS had beneficial effects on glycemic control, triglycerides and VLDL-cholesterol levels, and gene expression of PPAR- γ . (/article/taking-myo-inositol-women-pcos-had-beneficial-effects-glycemic-control-triglyc) [+]

JAN 03, 2019

Tea tree is an effective therapy for fluconazole-refractory oropharyngeal candidiasis. (/article/tea-tree-effective-therapy-fluconazole-refractory-oropharyngeal-candidiasis) [+]

SEP 01, 2002

Tea tree topical preparations are superior to standard topical regimen for the clearance of MRSA colonization. (/article/tea-tree-topical-preparations-are-superior-standard-topical-regimen-clearance-) [+]

APR 01, 2004

The amino acid tyrosine is superior to synthetic T4/T3 combination in reducing TSH and improving mood in winter, whereas the T4/T3 combination worsens mood in the summer with no improvement in winter. (/article/amino-acid-tyrosine-superior-synthetic-t4t3-combination-reducing-tsh-and-impro) [+]

JAN 01, 2004

The anti-inflammatory potential of topical curcumin was similar to chlorhexidine-metronidazole but superior to chlorhexidine in affecting IL-1 β and CCL28 levels. (/article/anti-inflammatory-potential-topical-curcumin-was-similar-chlorhexidine-metroni) [+]

JUL 28, 2015

The Ayurvedic herb Kulattha is superior to potassium citrate in treating kidney calcification disease. (/article/ayurvedic-herb-kulattha-superior-potassium-citrate-treating-kidney-calcificati) [+]

MAY 01, 2010

The effectiveness of 0.5% C. sinensis extract was more compared to 0.05% sodium fluoride and 0.2% chlorhexidine gluconate mouth rinses. (/article/effectiveness-05-c-sinensis-extract-was-more-compared-005-sodium-fluoride-and-) [+]

APR 30, 2015

The efficacy of Kundur (Boswellia serrata Roxb. Ex Colebr.) in Vulvovaginal candidiasis. (/article/efficacy-kundur-boswellia-serrata-roxb-ex-colebr-vulvovaginal-candidiasis) [+]

JUN 23, 2022

The ginger extract is as good as loratadine in improving nasal symptoms and quality of life in allergic rhinitis patients. (/article/ginger-extract-good-loratadine-improving-nasal-symptoms-and-quality-life-aller) [+]

APR 19, 2020

The mushroom Grifola umbellata is superior to mitomycin C in preventing postoperative recurrence of bladder cancer. (/article/mushroom-grifola-umbellata-superior-mitomycin-c-preventing-postoperative-recur) [+]

SEP 05, 2007

The results of this pilot study showed that the efficacy of Althaea officinalis 1% ointment in a decrease of disease severity is more than hydrocortisone. (/article/results-pilot-study-showed-efficacy-althaea-officinalis-1-ointment-decrease-di) [+]

OCT 08, 2020

The results of this study indicate that Individualized homeopathic treatment is comparable to fluoxetine in peri- and posmenopausal women and improves menopausal symptoms. (/article/results- [+]

study-indicate-individualized-homeopathic-treatment-comparable-fluoxet)

DEC 31, 2014

The results revealed that M. Officinalis L. may be recommended for improving the quality of life of menopausal women with sleep disturbance. (/article/results-revealed-m-officinalis-l-may-be-recommended-improving-quality-life-men) [+]

JAN 18, 2021

Theophylline is a safe and more effective pain treatment for Post-dural puncture headaches than acetaminophen. (/article/theophylline-safe-and-more-effective-pain-treatment-post-dural-puncture-headac) [+]

SEP 30, 2013

These data suggest that palmitoylethanolamide is effective in treating temporomandibular joint inflammatory pain. (/article/these-data-suggest-palmitoylethanolamide-effective-treating-temporomandibular-) [+]

DEC 31, 2011

These results demonstrated better clinical and antimicrobial efficacy of EPs 7630 than amoxicillin. (/article/these-results-demonstrated-better-clinical-and-antimicrobial-efficacy-eps-7630) [+]

SEP 30, 2020

These results show that the efficacy of saffron is comparable to that of methylphenidate. (/article/these-results-show-efficacy-saffron-comparable-methylphenidate) [+]

SEP 27, 2022

Topical application of clove oil cream has significant beneficial effects in the patients with chronic anal fissure. (/article/topical-application-clove-oil-cream-has-significant-beneficial-effects-patient) [+]

JUL 01, 2007

Topical honey is superior to acyclovir in treating recurrent herpes simplex lesions. (/article/topical-honey-superior-acyclovir-treating-recurrent-herpes-simplex-lesions) [+]

AUG 01, 2004

Treatment of functional constipation by Psyllium seed in patients with gastroesophageal reflux disease leads to improvement and lessens its recurrence. (/article/treatment-functional-constipation-psyllium-seed-patients-gastroesophageal-refl) [+]

DEC 31, 2017

Treatments of policosanol, not aspirin, significantly increased walking distances in patients with intermittent claudication. (/article/treatments-policosanol-not-aspirin-significantly-increased-walking-distances-p) [+]

JUN 01, 2008

Tripterygium wilfordii Hook F was well tolerated and prolonged remission in patients with Crohn's disease. (/article/tripterygium-wilfordii-hook-f-was-well-tolerated-and-prolonged-remission-patie) [+]

OCT 31, 2015

Tripterygium wilfordii is superior to sulfasalazine in treating rheumatoid arthritis. (/article/tripterygium-wilfordii-superior-sulfasalazine-treating-rheumatoid-arthritis) [+]

AUG 18, 2009

Use of 15% azelaic acid gel twice daily for 15 weeks demonstrated significant superiority over using 0.75% metronidazole gel in improving principal signs of rosacea (inflammatory lesions and erythema). (/article/use-15-azelaic-acid-gel-twice-daily-15-weeks-demonstrated-significant-superior) [+]

NOV 01, 2003

Viburcol was an effective alternative to acetaminophen treatment and significantly better tolerated. (/article/viburcol-was-effective-alternative-acetaminophen-treatment-and-significantly-b) [+]

Vitamin B12 is superior to the drug Nortriptyline in the treatment of diabetic neuropathy. (/article/vitamin-b12-superior-drug-nortriptyline-treatment-diabetic-neuropathy) [+]

JAN 01, 2009

Wobenzym is effective in the treatment of lymphedema after breast operation. (/article/wobenzym-effective-treatment-lymphedema-after-breast-operation) [+]

JAN 01, 1996

Wobenzym was judged more effective than Lynestrenol therapy in the management of mastopathy. (/article/wobenzym-was-judged-more-effective-lynestrenol-therapy-management-mastopathy) [+]

JAN 01, 1996

Yoga is more effective than fluoxetine (Prozac) for improving premature ejaculation. (/article/yoga-more-effective-fluoxetine-prozac-improving-premature-ejaculation) [+]

NOV 01, 2007

Elderflower might be valuable as a functional food against diabetes. (/article/elderflower-might-be-valuable-functional-food-against-diabetes) [+]

JAN 05, 2017

Nigella sativa has successfully produced inhibition of growth of MCF cell lines with an equivalent potency as that of the standard cisplatin. (/article/nigella-sativa-has-successfully-produced-inhibition-growth-mcf-cell-lines-equi) [+]

MAR 31, 2015

A Chinese herbal formula containing Red Sage, Cordyceps and Peach kernel is superior to methylprednisone against experimental pulmonary fibrosis. (/article/chinese-herbal-formula-containing-red-sage-cordyceps-and-peach-kernel-superior) [+]

A combination of astaxanthin, Ginkgo biloba and vitamin C is equal to or better than ibuprofen for reducing asthma-associated respiratory inflammation. (/article/combination-astaxanthin-ginkgo-biloba-and-vitamin-c-equal-or-better-ibuprofen-) [+]

JAN 01, 2011

A compound in Kimchi (fermented cabbage) is superior to simvastatin in inhibiting atherosclerosis in rabbits. (/article/compound-kimchi-fermented-cabbage-superior-simvastatin-inhibiting-atherosclero) [+]

DEC 12, 2007

A water extract of the heartwood of Pterocarpus compares favorably to digoxin as a cardiotonic agent. (/article/water-extract-heartwood-pterocarpus-compares-favorably-digoxin-cardiotonic-age) [+]

JUN 01, 2007

A whole plant extract of artemisia annua was more effective than pure artemisinin, slowing the evolution of malaria drug resistance and overcoming resistance to artemisinin. (/article/whole-plant-extract-artemisia-annua-was-more-effective-pure-artemisinin-slow-0) [+]

JAN 19, 2015

Aegle maremlos (Bael) contains a compound, scopoletin, with antithyroid activity superior to that of propylthioracil. (/article/aegle-maremlos-bael-contains-compound-scopoletin-antithyroid-activity-superior) [+]

DEC 01, 2006

Algal fucoidan, unlike heparin, has thrombolytic activity in a murine arterial thrombosis model. (/article/algal-fucoidan-unlike-heparin-has-thrombolytic-activity-murine-arterial-thromb) [+]

JUN 30, 2012

An antithrombotic fucoidan, unlike heparin, does not prolong bleeding time in a murine arterial thrombosis model. [+]
(/article/antithrombotic-fucoidan-unlike-heparin-does-not-prolong-bleeding-time-murine-a)

APR 30, 2012

An aqueous extract of fermented barley with Lactobacillus plantarum dy-1 had a greater apoptotic rate than 5-fluorouracil. [+]
(/article/aqueous-extract-fermented-barley-lactobacillus-plantarum-dy-1-had-greater-apop)

DEC 31, 2016

An ellagic acid enriched pomegranates extract promoted cholesterol removal by enhancing fecal bile acid. [+]
(/article/ellagic-acid-enriched-pomegranates-extract-promoted-cholesterol-removal-enhanc)

FEB 28, 2015

An extract of Dill had significant antidepressant and analgesic effects compared with the drug references without any adverse effects. [+]
(/article/extract-dill-had-significant-antidepressant-and-analgesic-effects-compared-dru)

FEB 10, 2016

An extract of Musa sapientum fruit showed antidiabetic and better ulcer healing effects compared with omeprazole. [+]
(/article/extract-musa-sapientum-fruit-showed-antidiabetic-and-better-ulcer-healing-effe)

NOV 04, 2013

An extract of Phyllanthus urinaria demonstrates antithrombosis and anti-platelet activity with less bleeding side effects as compared to aspirin or urokinase. [+]
(/article/extract-phyllanthus-urinaria-demonstrates-antithrombosis-and-anti-platelet-act)

MAR 01, 2004

An oil-based Dill extract used topically was found to be significantly more effective than Diclofenac-gel. (/article/oil-based-dill-extract-used-topically-was-found-be-significantly-more-effectiv) [+]

DEC 31, 2011

Andrographis may be more effective an anticancer agent than Doxorubicin in lymphoma. (/article/andrographis-may-be-more-effective-anticancer-agent-doxorubicin-lymphoma) [+]

DEC 01, 2008

Annona muricata peel extract inhibits carbohydrate metabolizing enzymes and reduces pancreatic β -cells, inflammation, and apoptosis. (/article/annona-muricata-peel-extract-inhibits-carbohydrate-metabolizing-enzymes-and-re) [+]

DEC 31, 2021

Antioxidant and wound healing potential of saponins extracted from the leaves of Algerian Urtica dioica. (/article/antioxidant-and-wound-healing-potential-saponins-extracted-leaves-algerian-urt) [+]

APR 30, 2017

Apple cider vinegar might prove to be beneficial prophylaxis against Alzheimer's disease-like neurological diseases. (/article/apple-cider-vinegar-might-prove-be-beneficial-prophylaxis-against-alzheimers-d) [+]

JUN 27, 2021

Artemisia princeps is superior to the drug rosiglitazone in improving lipid dysregulation and fatty liver in obese diabetic mice. (/article/artemisia-princeps-superior-drug-rosiglitazone-improving-lipid-dysregulation-a) [+]

DEC 01, 2009

Artesunate, a novel derivative of artemisin, has in vitro and in vivo anticancer activity against pancreatic cancer. It exhibits selective cytotoxicity and has in vivo antitumor activity similar to that of gemcitabine. (/article/artesunate-novel-derivative-artemisin-has-vitro-and-vivo-anticancer-activity-a) [+]

Atractylodes macrocephala or Taraxacum herba extracts can be considered natural agents that can prevent inflammatory bowel disease relapse. (/article/atractylodes-macrocephala-or-taraxacum-herba-extracts-can-be-considered-natura) [+]

SEP 14, 2017

Bacopa monnieri extracts have significant anti-hyperglycemic and anti-nociceptive potential. (/article/bacopa-monnieri-extracts-have-significant-anti-hyperglycemic-and-anti-nocicept) [+]

OCT 31, 2015

Bioavailability and in vivo antioxidant activity of a standardized polyphenol mixture extracted from brown propolis. (/article/bioavailability-and-vivo-antioxidant-activity-standardized-polyphenol-mixture-) [+]

JAN 12, 2020

Black cohosh (Cimicfuga racemosa) has anti-osteoporotic effects in castrated male rats, without profoundly effecting prostate. (/article/black-cohosh-cimicfuga-racemosa-has-anti-osteoporotic-effects-castrated-male-r) [+]

JUN 16, 2005

Black cohosh is an effective alternative to estradiol-17beta due to its selective estrogen receptor modulator activity. (/article/black-cohosh-effective-alternative-estradiol-17beta-due-its-selective-estrogen) [+]

OCT 01, 2003

Black Cohosh may be an ideal Selective Estrogen Receptor Modulator (SERM) alternative to hormone replacement therapy. (/article/black-cohosh-may-be-ideal-selective-estrogen-receptor-modulator-serm-alternati) [+]

SEP 01, 2008

Both resveratrol and garlic have similar property to increase insulin secretion from beta cells. (/article/both-resveratrol-and-garlic-have-similar-property-increase-insulin-secretion-b) [+

DEC 31, 2015

Capsicum annum L lyophilized fruit extract has a gastroprotective effect in experimentally-induced gastric ulcer in rats. (/article/capsicum-annum-l-lyophilized-fruit-extract-has-gastroprotective-effect-experim) [+

MAR 31, 2015

CARI III exerted anti-cancer activity that is comparable to doxorubicin against melanoma in vivo, as well as in vitro. (/article/cari-iii-exerted-anti-cancer-activity-comparable-doxorubicin-against-melanoma-) [+

DEC 31, 2013

Cascara sagrada does not contribute to carcinogenesis in a rat model, as does the stimulant laxative drug bisacodyl (Dulcolax). (/article/cascara-sagrada-does-not-contribute-carcinogenesis-rat-model-does-stimulant-la) [+

SEP 07, 2001

Chamomile is superior to corticosteroids in the healing of ulcers. (/article/chamomile-superior-corticosteroids-healing-ulcers) [+

SEP 19, 2008

Cinnamaldehyde and berberine have greater anti-diabetic efficacy than metformin. (/article/cinnamaldehyde-and-berberine-have-greater-anti-diabetic-efficacy-metformin) [+

NOV 05, 2008

Compounds from cumin were found to have antiglycative effects greater than aminoguanidine, a synthetic antiglycative agent. (/article/compounds-cumin-were-found-have-antiglycative-effects-greater-aminoguanidine-s) [+

NOV 24, 2015

Crocetin extracted from saffron shows antitumor effects in models of human glioblastoma. (/article/crocetin-extracted-saffron-shows-antitumor-effects-models-human-glioblastoma) [+]

JAN 08, 2020

Crocic acid had a superior effect compared to sitagliptin on blood sugar level, β -islets diameter and insulin immune-reactivity. (/article/crocic-acid-had-superior-effect-compared-sitagliptin-blood-sugar-level-islets-diameter) [+]

JUL 30, 2019

Cumin seeds improves blood lipid profiles, blood sugar and glycation in diabetic rats more effectively than glibenclamide. (/article/cumin-seeds-improves-blood-lipid-profiles-blood-sugar-and-glycation-diabetic-rats) [+]

SEP 01, 2002

Curcumin has a similar effect to hydrocortisone in preventing bleomycin-induced pulmonary fibrosis. (/article/curcumin-has-similar-effect-hydrocortisone-preventing-bleomycin-induced-pulmonary-fibrosis) [+]

JUN 13, 2007

Curcumin is more effective than prednisone at suppressing bleomycin-induced pulmonary fibrosis in rats. (/article/curcumin-more-effective-prednisone-suppressing-bleomycin-induced-pulmonary-fibrosis) [+]

MAY 01, 2008

Curcumin is superior to drug therapies for preventing scopolamine-induced memory impairment. (/article/curcumin-superior-drug-therapies-preventing-scopolamine-induced-memory-impairment) [+]

JAN 26, 2011

DDW in mice counteracted the behavioral, transcriptional and proliferative changes typical of the depressive-like states, which was comparable to the effects of citalopram. (/article/ddw-mice-counteracted-behavioral-transcriptional-proliferative-changes-depressive-like-states-comparable-effects-citalopram) [+]

counteracted-behavioral-transcriptional-and-proliferative-changes-typ)

JAN 14, 2015

Dimethyl trisulfide is a promising next-generation countermeasure for cyanide intoxication. (/article/dimethyl-trisulfide-promising-next-generation-countermeasure-cyanide-intoxicat) [+]

MAR 02, 2016

Docusate sodium exhibits ototoxic properties and is inferior to water for ear wax removal. (/article/docusate-sodium-exhibits-ototoxic-properties-and-inferior-water-ear-wax-remova) [+]

NOV 18, 2011

Earthworm paste has antioxidant and antiulcer properties superior to the drug ranitidine. (/article/earthworm-paste-has-antioxidant-and-antiulcer-properties-superior-drug-ranitid) [+]

JAN 01, 2007

Earthworm paste has gastroprotective properties and is superior to the drug ranitidine in preventing experimentally induced gastric ulcer. (/article/earthworm-paste-has-gastroprotective-properties-and-superior-drug-ranitidine-p) [+]

MAR 01, 2010

Echinacea can stimulate immune system more than levamisole and has better prophylactic effect on incidence of phenytoin-induced cleft palate. (/article/echinacea-can-stimulate-immune-system-more-levamisole-and-has-better-prophylac) [+]

DEC 01, 2006

Extract of Lycopodium europaeus (Gypsywort) is comparable to the beta-blocker atenolol in reducing cardiac signs associated with hyperthyroidism in rats. (/article/extract-lycopodium-europaeus-gypsywort-comparable-beta-blocker-atenolol-reducing-) [+]

NOV 01, 2002

Flaxseed reduces plasma cholesterol and atherosclerotic lesion formation in ovariectomized Golden Syrian hamsters. (+)
(/article/flaxseed-reduces-plasma-cholesterol-and-atherosclerotic-lesion-formation-ovari)

MAR 31, 2004

Galangin could be a beneficial anti-allergic inflammatory agent. (+)
(/article/galangin-could-be-beneficial-anti-allergic-inflammatory-agent)

JUN 30, 2013

Ganoderma lucidum of Mexican origin represent a new source of bioactive compounds showing hypocholesterolemic properties and prebiotic effects. (+)
(/article/ganoderma-lucidum-mexican-origin-represent-new-source-bioactive-compounds-show)

DEC 31, 2015

Garlic is better at lowering glucose, and improving other blood markers, than glibenclamide. (+)
(/article/garlic-better-lowering-glucose-and-improving-other-blood-markers-glibenclamide)

NOV 01, 2006

Gastric ulcer healing by chebulinic acid solid dispersion-loaded gastroretentive raft systems. (+)
(/article/gastric-ulcer-healing-chebulinic-acid-solid-dispersion-loaded-gastroretentive-)

JAN 31, 2022

Generally, chrysin prophylactic treatment showed a superior testicular protection than mirtazapine at the tested doses. (+)
(/article/generally-chrysin-prophylactic-treatment-showed-superior-testicular-protection)

OCT 31, 2017

Genistein is superior to alendronate (Fosamax) in reducing glucocorticoid-induced osteoporosis and improves bone strength in rats (+)
(/article/genistein-superior-alendronate-fosamax-reducing-glucocorticoid-induced-osteopo)

JAN 01, 2007

Genistein is superior to the bone drugs alendronate, raloxifene and estradiol in osteoporotic, ovariectomized rats. (/article/genistein-superior-bone-drugs-alendronate-raloxifene-and-estradiol-osteoporoti) [+]

NOV 01, 2008

Geum japonicum, Syzygium aromaticum (Clove), and Terminalia chebula inhibit Cytomegalovirus infection. (/article/geum-japonicum-syzygium-aromaticum-clove-and-terminalia-chebula-inhibit-cytome) [+]

JAN 01, 1998

Ginger extract is superior to the NSAID drug indomethacin in a rat model of rheumatoid arthritis. (/article/ginger-extract-superior-nsaid-drug-indomethacin-rat-model-rheumatoid-arthritis) [+]

MAR 01, 2009

Grape seed proanthocyanidins is superior to metformin to promote insulin signaling in rats fed high calorie diet. (/article/grape-seed-proanthocyanidins-superior-metformin-promote-insulin-signaling-rats) [+]

SEP 11, 2013

Grapefruit seed extract is comparable to metformin in positively modulating blood lipid profiles and blood sugar. (/article/grapefruit-seed-extract-comparable-metformin-positively-modulating-blood-lipid) [+]

OCT 01, 2008

Hawthorn and kiwi fruit extracts are superior to simvastatin in lowering cholesterol in mice fed a high cholesterol diet. (/article/hawthorn-and-kiwi-fruit-extracts-are-superior-simvastatin-lowering-cholesterol) [+]

JAN 01, 2009

High dose astaxanthin compares favorably to the drugs captopril and pioglitazone at lowering blood pressure, increasing insulin sensitivity and reducing restraint stress. (/article/high-dose-astaxanthin-compares-favorably-drugs-captopril-and-pioglitazone-low) [+]

JAN 01, 2011

Homeopathy outperforms antibiotics treatment in juvenile scallop. (/article/homeopathy-outperforms-antibiotics-treatment-juvenile-scallop) [+]

JAN 31, 2017

Hyper-anxiety associated with prediabetic conditions can be ameliorated by resveratrol. (/article/hyper-anxiety-associated-prediabetic-conditions-can-be-ameliorated-resveratrol) [+]

AUG 31, 2016

In tumor-bearing mice oral treatment with ginsenoside Rg3 and red ginseng preparation remarkably suppressed the tumor growth. (/article/tumor-bearing-mice-oral-treatment-ginsenoside-rg3-and-red-ginseng-preparation-) [+]

APR 30, 2011

Kava compares favorably with diazepam in reducing anxiety in mice. (/article/kava-compares-favorably-diazepam-reducing-anxiety-mice) [+]

JUN 01, 2002

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APR 30, 2018

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Mangifera indica leaf extract was effective in maintaining a long-term hypoglycemic effect and significantly increased insulin sensitivity. (/article/mangifera-indica-leaf-extract-was-effective-maintaining-long-term-hypoglycemic) [+]

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JAN 13, 2016

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Nigerian propolis confers protection against hyperglycemia-induced oxidative stress in both liver and pancreas of adult Wistar rats. (/article/nigerian-propolis-confers-protection-against-hyperglycemia-induced-oxidative-s) [+

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APR 21, 2016

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DEC 31, 2015

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OCT 01, 2007

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APR 30, 2012

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NOV 30, 2014

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JUN 24, 2015

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OCT 01, 2007

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JUL 10, 2009

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DEC 31, 2015

Preventive and therapeutic effects of ginsenoside Rb1 for neural injury during cerebral infarction in rats. (/article/preventive-and-therapeutic-effects-ginsenoside-rb1-neural-injury-during-cerebr) [+]

DEC 31, 2012

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MAY 31, 2016

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MAR 21, 2017

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Red sage contains a compound salvianolic acid B which compares favorably to benazepril in the treatment of chronic myocardial infarction in rats. - Article 2. (/article/red-sage-contains-compound-salvianolic-acid-b-which-compares-favorably-benaz-0) [+]

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AUG 15, 2021

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MAY 14, 2014

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ameliorative-effects-treat)

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The dry ripe fruit of *A. marmelos* possesses significant dual analgesic activities. [+]
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(/article/effects-
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The homeopathic dilution known as *plumbum metallicum* 30c is superior to calcitonin in regenerating bone in an animal study. [+]
(/article/homeopathic-dilution-known-plumbum-metallicum-30c-

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MAY 31, 2023

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FEB 02, 2020

The results suggest that spirulina supplementation was more effective at improving bone structural strength and stiffness in diabetic rats compared to metformin. (/article/results-suggest-spirulina-supplementation-was-more-effective-improving-bone-st) [+]

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The therapeutic potentials of blue honeysuckle were either similar or more effective than propylthiouracil for hyperthyroidism. (/article/therapeutic-potentials-blue-honeysuckle-were-either-similar-or-more-effective-) [+]

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This study demonstrates protective effect of thymoquinone against HFD-induced MetS on rats which might have been mediated via PPAR mechanism. (/article/study-demonstrates-protective-effect-thymoquinone-against-hfd-induced-mets-rat) [+]

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MAY 23, 2016

Thymoquinone may be considered for topical application alone in the treatment of acute otitis externa. (/article/thymoquinone-may-be-considered-topical-application-alone-treatment-acute-otiti) [+]

DEC 13, 2017

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cumin-superior-drug-flutica)

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A cannabinoid quinone has cancer-destroying activity superior to doxorubicin without cardiotoxicity, in vitro. (/article/cannabinoid-quinone-has-cancer-destroying-activity-superior-doxorubicin-withou) [+]

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OCT 01, 2007

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OCT 27, 2016

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MAY 23, 2019

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Alpha mangostin has potential to be further developed as therapeutic agent for dengue virus infection. (/article/alpha-mangostin-has-potential-be-further-developed-therapeutic-agent-dengue-vi) [+]

AUG 14, 2017

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Anthrocyanins extracted from sweet cherries and raspberries have anti-inflammatory activity comparable to ibuprofen and naproxen. (/article/anthrocyanins-extracted-sweet-cherries-and-raspberries-have-anti-inflammatory-) [+]

SEP 01, 2001

Anti-inflammatory and anti-oxidative effects of Phytohusstil and root extract of Althaea officinalis on macrophages in vitro. (/article/anti-inflammatory-and-anti-oxidative-effects-phytohusstil-and-root-extract-alth) [+]

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DEC 31, 2020

Antimicrobial effectiveness of grape seed extract against Enterococcus faecalis biofilm. (/article/antimicrobial-effectiveness-grape-seed-extract-against-enterococcus-faecalis-b) [+]

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Aqueous extracts from Toona sinensis roem may be used as an alternative treatment and prophylaxis against influenza A virus. (/article/aqueous-extracts-toona-sinensis-roem-may-be-used- [+]

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Artemisinin demonstrates anti-cancer activity against oral cancer cells that is more powerful than other commonly used chemotherapeutic drugs. (/article/artemisinin-demonstrates-anti-cancer-activity-against-oral-cancer-cells-more-p) [+]

APR 01, 2007

Asafoetida contains compounds with antiviral activity against influenza A (H1N1). (/article/asafoetida-contains-compounds-antiviral-activity-against-influenza-h1n1) [+]

SEP 01, 2009

Biosynthesized silver nanoparticles showed significant cytotoxic activity compared to that of standard cisplatin. (/article/biosynthesized-silver-nanoparticles-showed-significant-cytotoxic-activity-comp) [+]

DEC 31, 2014

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NOV 01, 2006

C. sinensis fruit juice has a potential for causing both anti-proliferative and cytostatic effects on fast proliferating cells and hence cancerous cells. (/article/c-sinensis-fruit-juice-has-potential-causing-both-anti-proliferative-and-cytos) [+]

AUG 31, 2014

Clove contains antithrombotic polysaccharides which are relatively safe when compared to heparin. (/article/clove-contains-antithrombotic-polysaccharides-which-are-relatively-safe-when-c) [+]

FEB 01, 2001

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(/article/clove-contains-compounds-such-eugenol-which-are-more-potent-aspirin-inhibiting)

MAY 01, 1993

Curcumin and resveratrol compare favorably with NSAID agents in inhibiting inflammatory processes associated with tumor cell proliferation. (/article/curcumin-and-resveratrol-compare-favorably-nsaid-agents-inhibiting-inflammator) [+]

DEC 09, 2004

Curcumin can be considered as a good lead compound in new inhibitors of MMP-3, which is a potential target of anticancer drugs. (/article/curcumin-can-be-considered-good-lead-compound-new-inhibitors-mmp-3-which-poten) [+]

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Curcumin may become a promising lead compound against CagA+ H. pylori infection. (/article/curcumin-may-become-promising-lead-compound-against-caga-h-pylori-infection) [+]

MAY 20, 2015

Curcumin may provide an ideal therapeutic agent for patients with Hodgkin's lymphoma which does not have the side effects associated with multi-drug chemotherapy. (/article/curcumin-may-provide-ideal-therapeutic-agent-patients-hodgkins-lymphoma-which-) [+]

JUL 01, 2008

1 2 (/keyword/superiority-natural-substances-versus-drugs?page=1)

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An extract of grape seeds was recently compared to the best-selling diabetes drug Metformin and was found to be superior in correcting adverse physiological responses induced by a high-fat, high-fructose diet

May All Your Medicines Be Green (/blog/may-all-your-medicines-be-green-1)

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Hippocrates - the father of medicine - said, "Let your food be your medicine, and let your medicine be your food." Medicines are a subset of foods, according to Hippocrates. I like that. What are medicines today? What are foods?



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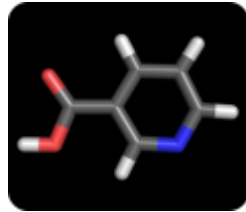


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Garlic's power to kill serious infections is legendary. A new study proves this to be true for one of the most common female infections as well: bacterial vaginosis.

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What can Merck's prescription drug Zetia do for you that niacin can't? Apparently, nothing at all. In fact, it could worsen your atherosclerosis.

How WHOLE Turmeric Heals the Damaged Brain (/blog/how-whole-turmeric-heals-damaged-brain-1)



(/blog/how-whole-turmeric-heals-damaged-brain-1)

Written by Sayer Ji, Founder (/gmi-blogs/Sayer%20Ji)

Long considered impossible to attain, new research reveals how a simple spice might contribute to the regeneration of the damaged brain.

The Aspirin Alternative Your Doctor Never Told You About (/blog/aspirin-alternative-your-doctor-never-told-you-about)



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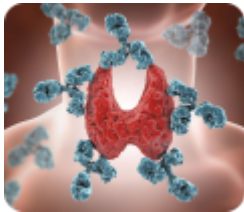


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Natural Ear Infection Alternatives to Antibiotics Proven Safer and More Effective (/blog/natural-ear-infection-alternatives-antibiotics-proven-safer-and-more-effective)

Written by Eleni Roumeliotou (/gmi-blogs/elroum)

According to existing scientific evidence, choosing natural, side effect-free herbal formulas to treat acute ear infection and pain over synthetic antibiotics with questionable therapeutic efficacy is a reasonable and well-founded option.



(/blog/what-hashimoto-s-disease-and-why-does-synthetic-t4-fail-improve-well-being)

What is Hashimoto's Disease and Why Does Synthetic T4 Fail To Improve Well-Being? (/blog/what-hashimoto-s-disease-and-why-does-synthetic-t4-fail-improve-well-being)

Written by Sayer Ji, Founder (/gmi-blogs/Sayer%20Ji)

An estimated 20 million Americans have some form of thyroid disease. Up to 60 percent of those with thyroid disease are unaware of their condition. Most with diagnoses are on synthetic T4, but there's a well established reason why it doesn't work very well to improve a sense of well-being.

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Written by Sayer Ji, Founder (/gmi-blogs/Sayer%20Ji)

H. pylori infection is often treated with three drugs simultaneously, but not everyone responds favorably. Thankfully there are clinically confirmed natural, food-based alternatives

Study: 28,187 Plant Species



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Used as Medicines throughout the World (/blog/study-28187-plant-species-used-medicines-throughout-world)

Written by Sayer Ji, Founder (/gmi-blogs/Sayer%20Ji)

A powerful new study reminds us that natural medicine was once, and still is, the default medical system on this planet...

Popular Kitchen Remedy Puts



(/blog/popular-kitchen-remedy-puts-antibiotic-shame-research-reveals-1)

Antibiotic To Shame, Research Reveals (/blog/popular-kitchen-remedy-puts-antibiotic-shame-research-reveals-1)

Written by Sayer Ji, Founder (/gmi-blogs/Sayer%20Ji)

Fighting infection with conventional antibiotics is becoming a hopeless affair. The CDC recently warned these drugs are useless in combatting deadly "super germs." So what can one do? Your kitchen holds the key.



(/blog/turmeric-heals-spinal-cord-injuries-better-drugssurgery-review-suggests)

Turmeric Heals Spinal Cord Injuries Better Than Drugs/Surgery, Review Suggests (/blog/turmeric-heals-spinal-cord-injuries-better-drugssurgery-review-suggests)

Written by Sayer Ji, Founder (/gmi-blogs/Sayer%20Ji)

Spinal cord injury can have devastating, and often irreversibly debilitating effects. Conventional treatment relies on steroid drugs and surgery with lackluster results. What if an extract of turmeric works better and is safer?

250+ Examples of Natural Remedies Beating



(/blog/250-examples-natural-remedies-beating-pharmaceuticals)

Pharmaceuticals (/blog/250-examples-natural-remedies-beating-pharmaceuticals)

Written by Sayer Ji, Founder (/gmi-blogs/Sayer%20Ji)

You hear a lot about 'natural healing' these days, but did you know that a sizable body of scientific literature actually supports the idea that natural medicine is safer and more effective than conventional, drug-based medicine?

Melatonin Superior To Toxic Drug In Migraine Prevention Study (/blog/melatonin-superior-toxic-drug-migraine-prevention-study)

Written by Sayer Ji,

Founder (/gmi-blogs/Sayer%20Ji)

A substance secreted by your own brain was found superior

to a commonly prescribed toxic pharmaceutical at significantly reducing migraine headache frequency.



(/blog/melatonin-superior-toxic-drug-migraine-prevention-study)



(/blog/frankincense-superior-chemotherapy-killing-late-stage-ovarian-cancer-cells)

Frankincense Superior to Chemotherapy in Killing Late-Stage Ovarian Cancer Cells (/blog/frankincense-superior-chemotherapy-killing-late-stage-ovarian-cancer-cells)

Written by Sinfully Wholesome (/gmi-blogs/sinfullywholesome)

Like the Magi, carrying myrrh, frankincense, and gold, researchers from the University of Leicester have, for the first time, demonstrated the potential of treating ovarian cancer using the Christmas gift frankincense.

Cinnamon Vs. Ibuprofen for Menstrual Pain (/blog/cinnamon-beats-ibuprofen-pain-study-reveals-2)



(/blog/cinnamon-beats-ibuprofen-pain-study-reveals-2)

Written by Sayer Ji, Founder (/gmi-blogs/Sayer%20Ji)

Why risk using a pain killer with deadly side effects? Natural alternatives are often not only safer but at least as effective

Turmeric: Better Than Aspirin For Heart Disease Prevention? (/blog/turmeric-extract-helps-open-your-arteries)



(/blog/turmeric-extract-helps-open-your-arteries)

Written by Sayer Ji, Founder (/gmi-blogs/Sayer%20Ji)

Could turmeric extract become the next "aspirin" in the ongoing effort to prevent heart disease?

The Modern Physician: A Glorified Applied Pharmacologist? (/blog/first-do-no-pharmacy-2)

Written by Sayer Ji, Founder (/gmi-blogs/Sayer%20Ji)

Ok, so we have billions of pounds of synthetic chemicals consumed every year as patented drugs, with an army of



(/blog/first-do-no-pharmacy-2)

degreed, licensed and doctored foot soldiers prescribing them recklessly under the once great banner of "medicine," in an ongoing war against the body's virtually infinite potential to generate symptoms, most of which are – ironically – a means to heal from acute or chronic exposure to synthetic chemicals.



(/blog/clinically-depressed-cheap-safe-magnesium-pills-put-antidepressant-drugs-

shame)

Magnesium Puts Psychiatric Drugs to Shame for Depression (/blog/clinically-depressed-cheap-safe-magnesium-pills-put-antidepressant-drugs-shame)

Written by Sayer Ji, Founder (/gmi-blogs/Sayer%20Ji)

A powerful clinical study shows that pennies worth of magnesium a day provides an effective, safe, affordable alternative to dangerous and relatively ineffective pharmaceutical antidepressants.



(/blog/turmeric-extract-found-superior-blockbuster-drug-rheumatoid-arthritis)

Turmeric Extract Found Superior To Blockbuster Drug for Rheumatoid Arthritis (/blog/turmeric-extract-found-superior-blockbuster-drug-rheumatoid-arthritis)

Written by Sayer Ji, Founder (/gmi-blogs/Sayer%20Ji)

Rheumatoid arthritis (RA) is a painful, debilitating and even life threatening condition without many known natural therapies proven effective. All that changed in 2012 when it was revealed a turmeric extract is superior to the blockbuster drug Diclofenac sodium in relieving the condition of those suffering with RA.

**Ginseng May
Work Better
Than Chemo
and
Radiation.
Here's How...**



(/blog/ginseng-may-work-better-chemo-and-radiation-heres-how)

(/blog/ginseng-may-work-better-chemo-and-radiation-heres-how)

Written by Sayer Ji, Founder (/gmi-blogs/Sayer%20Ji)

Known for thousands of years as a powerful tonic for health, new research reveals that ginseng and other cancer stem cell killing plants may provide highly effective treatments for cancer.

Sugarcane Extract Superior to Cholesterol-Lowering Drugs? (/blog/sugarcane-extract-superior-cholesterol-lowering-drugs)

Written by Sayer Ji, Founder (/gmi-blogs/Sayer%20Ji)

There is a little known natural extract of plant waxes known as policosanol, extractable from sugar cane, yams, and beeswax, which has been giving some of the more profitable drugs on the market a biomedical beating since it was first investigated in clinical trials by the Cubans in the 1990's.



(/blog/sugarcane-extract-superior-cholesterol-lowering-drugs)

11 Things Better than Drugs or Supplements for Healing



(/blog/7-natural-alternatives-better-drugs-health-and-healing-1)

(/blog/7-natural-alternatives-better-drugs-health-and-healing-1)

Written by Sayer Ji, Founder (/gmi-blogs/Sayer%20Ji)

Natural medicine doesn't just involve "nutraceuticals," but extends to modalities like yoga and acupuncture that an increasing body of peer-reviewed research shows can be superior to drugs

1 of 2 » (/keyword/superiority-natural-substances-versus-drugs?page=1&ed=26607)

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